

Nerang 100 miler

Saturday 30 September & Sunday 1 October, 2017

One of the toughest 100 milers in Australia, made easy.

With more than 6,000 metres of elevation gain, the Nerang 100 miler is one of the toughest 100 milers in Australia.

Because it is conducted on 6 x 25 kms loops (plus a little to make up the extra 10 kms) it is easily achievable with athletes able to get crew assistance along with food (incl. hot soup), hydration, fresh clothing etc. each time they pass race headquarters. The organisers also allow pacing (conditions apply) which provides great support for contestants.



Winner 100 kms, 2016, Paul Shard



Winner 100 mile 2016, Kevin Muller

Race organiser Ian Cornelius says “Running 100 miles and 100 kms on a tough trail is no mean feat, so we try to make it as easy as possible for the athletes”.

There are shorter event options of 25 & 50 kms, 50 miles and 100 kms.

Event prices range from \$60 to \$290

Race singlets and commemorative medallions are included in the entry price.

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